



CIRCLE OF SECURITY

FREE 10-WEEK ONLINE PARENTING PROGRAM FOR FOSTER AND ADOPTIVE FAMILIES

If you're looking for a group to help support the transitions expected during the foster care or adoption journey, this group could help you to:

- Better understand the child's perspective during this process
- Increase your empathetic response to the child(ren) in your care
- Identify the need behind the behavior
- Balance being a: "Bigger, Stronger, Wiser and Kinder" caregiver
- Identify the child's needs "hidden in plain sight"

TIME: Mondays, 6:30 p.m. - 7:30 p.m.

DATES: March 11, 18, 25; April 1, 8, 15, 22, 29; May 6 and 13

LOCATION: The comfort of your own home

FACILITATOR: Kimberly Brathwaite

To register, receive a Zoom link and to gain more information, contact
Kimberly Brathwaite at 860-358-6958 or kimberly.brathwaite@midhosp.org.

